

LUNCH MENU MONDAY- FRIDAY

1125 townpark avenue, suite 1071, lake mary, florida 32746

hours: sun-thurs open 11:30am • fri & sat 11:30am-1am

fdcantinalakemary.com • 407.915.7012

3-25-18



- dips** served with chips
- FIRE ROASTED SALSAS AND CHIPS.....3
Salsa Roja and Verde housemade daily
 - GUACAMOLE.....12
Tomatoes, Lime Juice, serrano peppers & F&D spices
 - QUESO.....8
Yellow cheese with cumin, onions, and pablano peppers
 - BLACK BEAN QUESO.....8
Black beans pureed with queso dip
 - TRIO10
Guacamole, queso, salsa(choice roja or verde)

appetizers

- MEXICAN STREET CORN..... 6
Roasted corn, crema, tajin & cotija cheese
- BACON WRAPPED JALAPEÑOS.....9
4 stuffed jalapenos with Chihuahua cheese & glazed with jalapeño jelly
- SHRIMP CEVICHE.....12
Fresh shrimp, cucumber, red and serrano peppers, onion, cilantro, mango and green onion marinated in orange juice and fresh squeezed limes

quesadillas 10" lunch portion

- STEAK & SWEET PLANTAINS.....11
House marinated steak, Chihuahua cheese & plantains
- STEAK & MUSHROOM.....10
House marinated steak, garlic, mushrooms, onions & Chihuahua cheese
- SHRIMP & CHORIZO12
Shrimp, chorizo, roasted corn, red peppers & Chihuahua cheese
- CHICKEN.....10
Black beans, red peppers & Chihuahua cheese
- CHEESE9
Chihuahua cheese

soups & salads

- CHICKEN TORTILLA SOUP.....7
with rich chicken & tomato broth, green & jalapeno peppers, tomatoes & Mexican spices with avocado & side of rice
- MEXICAN CAESAR.....13
Chopped romaine, pepita Caesar dressing, roasted pepitas, cotija, tortilla strips & grilled marinated fajita chicken
- TACO SALAD12
Mixed greens, with grilled marinated fajita chicken, cabbage, pico de gallo, avocado, roasted corn, avo-ranch dressing & tortilla strips. Served on top of a crispy tostada

sides

- BLACK BEANS.....3
- RICE3
- SMALL GUACAMOLE6
- QUINOA3
- SWEET PLANTAINS4

party starters (margaritas below 2 oz tequila pours)

- HOUSE DOUBLE • TEQUILA, FRESH LIME JUICE & AGAVE NECTAR.....8
- CADILLAC • MAESTRO DOBEL DIAMANTE, COINTREAU, FRESH LIME JUICE & AGAVE NECTAR...11
- F&D ULTIMATE • PATRON ANEJO, GRAND MARNIER, FRESH LIME JUICE & AGAVE NECTAR.....15
- SANGRIA • ROJA OR BLANCO "HOUSEMADE DAILY".....GLASS 8.....LITER 20

f&d street tacos

- AL PASTOR.....9.5
Savory pork with pineapple, red onion and cilantro
 - PUFFY TACO.....10
Juicy Mexican stewed chicken, pico lettuce & queso served on a fluffy flour tortilla
 - CARNE ASADA.....11
Marinated steak, cilantro, & onion
 - SHRIMP & CHORIZO.....12.5
red peppers, sautéed onions, char-grilled corn, avocado, and chili de arbol aioli
 - BARBACOA.....10
Braised shredded beef topped with pickled red onion and cotija
 - THE FLORIDIAN FISH TACO.....10.5
Sauteed Mahi with Mexican spices, rice wine vinegar coleslaw, chili de arbol aioli on a flour tortilla
- Two tacos served with black beans & corn tortillas. Flour tortillas & lettuce available upon request**

favorites

- CHILE RELLENO.....13
Stuffed with quinoa, black beans, onions, corn, tomato, red pepper and topped with Chihuahua cheese
- CHICKEN CHIMICHANGA 12.5
Juicy Mexican stewed chicken, rice, roasted vegetables, Chihuahua cheese topped with jalapeno cream sauce. Garnished with pico de gallo, cilantro & guac salad
- BARBACOA CHIMICHANGA..... 13.5
Savory shredded beef, rice, roasted vegetables, Chihuahua cheese topped with Colorado sauce, queso, cotija cheese and cilantro

f&d lunch bowls

- PICK 1:
CHICKEN 10 • STEAK 12 • BEEF BARBACOA 11
served on Mexican rice and black beans
- ADD AT NO CHARGE:
fajita veggies • pico de gallo • housemade roja or verde salsa
Chihuahua cheese • sour cream
guacamole add \$1.50 queso \$1.50

burritos

- BARBACOA BURRITO 12.5
Rice, black beans, braised shredded beef and Chihuahua cheese served with Chile Colorado sauce, topped with queso, pickled red onion & cotija
- CHICKEN BURRITO 11.5
Mexican stewed chicken, rice, black beans, Chihuahua cheese served on habanero cream sauce. Garnished with pico, cilantro, and cotija cheese.
- LOADED BURRITO 13.5
Carnitas, bacon, rice, black beans, and Chihuahua cheese served on Colorado Sauce, topped with queso cheese. Garnished with pico, cilantro, and cotija cheese.

enchiladas 2 per serving

- CHICKEN MOLE 11.5
Tender chicken, Semi-sweet savory sauce with a hint of cinnamon and chocolate topped with cotija
- CHICKEN ENCHILADAS 10.5
topped with habanero/jalapeno pesto cream sauce, cotija cheese & pico de gallo
- BACKFIN CRAB & SHRIMP.....14.5
with habanero/jalapeno pesto cream sauce, pico de gallo & cilantro
- BEEF BARBACOA 13.5
Beef Barbacoa, Chihuahua cheese, with Colorado sauce, cilantro, cotija cheese & pickled red onions

enchiladas served with rice & black beans

desserts

- CHURROS 6 • CARAMEL FLAN 7 • BANANA CHEESECAKE BURRITO 7

margaritas

HOUSE DOUBLE MARGARITA 8
"2 oz" tequila, fresh lime
& agave nectar

CADILLAC MARGARITA 11
"2 oz" Cimarron Blanco, cointreau,
fresh lime juice, & agave nectar

F&D ULTIMATE MARGARITA 15
"2 oz" patron anejo, grand marnier,
fresh lime juice & agave nectar

POMEGRANITE MARGARITA..... 10
espolon blanco, pama liquer, fresh
lime juice & pomegranite molasses

WATERMELON MARGARITA 9
espolon blanco, watermelon puree,
mint, fresh lime juice & agave nectar

PASSIONFRUIT MARGARITA 10
cimarron blanco, passionfruit liquer,
fresh lime juice & agave nectar

craft cocktails

CANTINA OLD FASHIONED 10
espolon reposada, sombra mezcal,
orange and angostura bitters, honey &
twist

CANTINA T&T 8
corazon blanco, jack rudy tonic
& cucumber

DIRTY CANTINI 12
3 ozs wodka, olive juice, ancho
chile & jalapeño

OG SUNRISE 10
cimarron blanco, crème de mure
fresh lime juice and blackberry

GUAVA & FLOWERS 10
tres agaves reposado, elderflower
guava & lemon

MOJITO MEXICANO 9
olmea altos plata, mint, fresh
lime juice & jalapeno syrup

MEZCALRITA 11
sombra mezcal, fresh lime juice & agave

HONEY BEE 9
espolon reposada, mezcal rinse,
fresh lime juice & honey syrup

beers

DRAFT

CORONA LT mexican lager 5

JAI ALAI ipa 6.5

DOS EQUIS AMBER amber 5

NEGRA MDELO marzen..... 5

MCSWAGGER amber 6.5

SCULPIN PINEAPPLE ipa..... 8

CLOUD CHASER hefe 6.5

MODELO ESPECIAL mexican lager 5

BOTTLES

PRESIDENTE LT mexican lager 5

CORONA mexican lager 5

CORONA LT mexican lager 5

DOS EQUIS LAGER mexican lager.. 5

VICTORIA mexican lager 5

MILLER LT american lager 4

EL SULLY mexican lager 5

SHOFFENHOFFER hefe 5

STRONGBOW cider..... 5

BALISTE PT GRUNION american pale ale . 6

COPPERTAIL NIGHT SWIM porter .. 5

tequila



flights

1oz SHOTS,

BLANCO FLIGHT 15
CASAMIGOS CASA NOBLE CRYSTAL ESPOLON SILVER

REPOSADO FLIGHT 18
PATRON FORALEZA PARTIDA

ANEJO FLIGHT 20
DON JULIO SIETE LEGUAS CASAMIGOS

OWNER'S FLIGHT BEST DEAL 35
DON JULIO 1942 ANEJO PATRON ROCA ANEJO CLASE AZUL REPOSADO

TEQUILA SHOTS 1.25oz each

BEST OF THE BEST

PATRÓN PLATINUM 30

PATRÓN ROCA ANEJO 18

JOSE CUERVO DE LA FAMILIA 25

DON JULIO 70TH ANNIVERSARY ANEJO CLARO 16

DON JULIO 1942 ANEJO 20

OCHO TEQUILA ANEJO 15

OCHO TEQUILA EXTRA ANEJO 25

MILAGRO ANEJO BARREL SELECT 16

CLASE AZUL PLATA 16

CLASE AZUL REPOSADO 20

TAVI PLATINUM 17

FORTALEZA ANEJO 16

ESPOLON EXTRA ANEJO 15

ASOMBROSA REPOSADO LA ROSA 12

TEQUILAS BY THE SHOT	Blanco	Reposado	Añejo
ASOMBROSA LA ROSA			12
AVION	9	10	11
AZUNIA	8		10
CABO WABO	7.5	9	11
CABRITO	6		
CASA NOBLE	10	12	14
CASAMIGOS	9	11	13
CENTINELO		8	
CHAMUCOS	8	9	10
CHINACO		9	
CIMARRON	7	8	
CORAZON	8	9	10
CORRALEJO	7.5	8.5	9.5
DON JULIO	9	11	12
DON RAMON	7	8	9
DULCE VIDA			10
EL JIMADOR		7	
EL TESORO	9		
ESPOLON	6.5	7.5	8.5
FORTALEZA	11	13	16
GRAN CENTENARIO	8.5		10
JOSE CUERVO	6	6.5	
KARMA	10		
MAESTRO DOBEL	9		11
OLMECA	7	7	
PARTIDA	10	11	13
PATRÓN	9	11	13
PURA VIDA	8		8
SAUZA TRES GENERATIONS	8	9	
SAUZA BLUE	6		
SAUZA CONMEMORATIVO	7		
SIETE LEGUAS	9		12
TRES AGAVES	6.5	7	7.5

wines

	glass	bottle
CHATEAU STE. MICHELLE Chardonnay	8	29
SANTA CRISTINA PINOT GRIGIO	8	29
KIM CRAWFORD SAUVIGNON BLANC	10	36
MEIOMI PINOT NOIR	10	36
H3 MERLOT	9	32
TORRES ALTOS IBERICOS RIOJA	9	34
MULAS CABERNET SAUVIGNON	8	29